

# BHAVAN'S PATRIKAA

**B V BHAVAN'S RAJAJI VIDYASHRAM** 

Issue No 5

The Best of

Everything

#### Message from the Academic Coordinator Senior & Secondary School

Bhavan's "Patrikaa" is about to unfold its 5th Issue. It's a bundle of fun, information and interesting reading. Newsletters are an integral part of a school & its activities. It provides essential information to parents and can also foster a connection between the classroom and the home. Neatly formatted, concise, easy to read articles kindle interest and curiosity among readers.

Success of the school in various fields, changes in policies, updates on events can all be communicated with the stake holders. Newsletters give an opportunity for students to enhance their writing skills, create innovative presentations and plan proper layouts for photos and graphics. Newsletters need to be visually appealing. It is a learning tool for them. The likes of Patrikaa, kindle interest among students and encourage them to contribute articles. It can be challenging and intellectually satisfying when a good newsletter is ready for circulation.

Mrs. Radhika Mohan

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### **World Health Day**



The theme for World Health Day 2023 is << Health for All >>. The WHO is observing its 75th anniversary on World Health Day on 7th April 2023. This is a great day for the students to motivate healthy living and to tackle health challenges of the present day and future.

Our school conducted various activities to create an awareness among the students - Class 1 and 2 showcased charts and talk on 'The Importance of Healthy Foods", Class 3 to 5 made flash cards on health tips, slogans on World Health day and Thank you note to Helpers and Nurses, Class 6 to 10 exhibited charts with idioms & proverbs, book marks on 'Health is Cleanliness', Class 11 made posters on 'Health and Hygiene', wrote essays and a talk on Health is Wealth. In class 12, Hashtag on social media and a talk on "Health care for all"





Besides, students were prodded by Yoga and Language departments to eat nutritious food, fruits and vegetables, to do yoga, meditation and physical activities to remain fit, happy and active. "Apollo Nurse" apprised about the health components for maintaining a good overall health.

Social and Maths departments displayed banners and charts around the school premises on the role of WHO and on the statistical data on COVID Vaccine in the form of 3D bar graphs respectively. Science department and Interact club honoured the Sanitary Workers and Apollo Nurse while appreciating their service to the school. As a token of gratitude, they were all given, badges, flash cards on Health Tips and thank you notes along with, soaps and snacks.The celebration fulfilled its objective of developing a deep understanding about the importance of good health and wellbeing.



# **Ambedkar Day Celebration**

On April 13, the students of Class 12 celebrated Ambedkar Day which falls on April 14th to commemorate the memory of Dr.B. R. Ambedkar, Indian politician and social reformer. The day marks Ambedkar's birthday. During the morning general assembly Avanthi Vineeth of class 12 F and Shrey Vivek of class 12 B gave an intriguing speech highlighting the contribution of Dr Ambedkar to the Constitution of India and his role as a law minister.

A quiz was conducted by the students of class 12 F about the personal life of Dr. Ambedkar and his legacy. Charts were made by the students of class 12 representing his role as modern Manu and as the Chief Architect of Indian constitution .

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Diff Ambeckar

Edited by Avanthi Vineeth 12 F

Dr Ambedkar - Javanthi 2023

# **Eid Celebration**



The first common assembly for the year 2023-2024 was conducted in the school auditorium on 19 April for classes 1 and 2, 20 April 2023 for classes 3 to 5. The children celebrated the Ramadan festival with great enthusiasm. The programme was presided over by the Principal, Vice-Principals and the Head Mistress (Primary).

The programme started with a welcome speech on the importance of celebrating Ramadan and the students were then shown a short video on the festival. Students chanted verses from the Holy Quran and greeted each other with love and affection. They also understood the significance of fasting and charity. Children enjoyed the programme and learnt the values behind celebrating festivals with their family and friends. The programme ended with a short vote of thanks.



## **Astronomy Club**

The budding astronomers of Bhavans Rajaji Vidyashram took their first step towards space by going on a star gazing expedition conducted by the Astronomy Club.

They started with planetary observations by observing Venus and Mars. The students were amazed to observe various deep sky objects (DSOs) like galaxies, nebula and star clusters, etc. Among them were the Orion Nebula, Pleiades star cluster and M4 Globular star cluster. Two of the faint galaxies, Bode and Cigar were also observed by the students. The students handled the 8-inch Dobsonian telescope to point to various

DSOS and stars. They also got the wonderful opportunity to click astrophotographs with the DSLR camera.



## **Research Science Initiative Chennai**

The RSIC was a Residential Summer Programme, held at IIT Madras from April 26 to June 7, organized by the PSSB Group of Schools. Shrey Vivek of class XII-B was selected after an interview and he represented the school in this programme. The students listened to over 70 lectures which focused on basic sciences, including Mathematics, Physics, Chemistry, and Biology, as well as additional interface and cross-disciplinary fields relying on or connecting these subjects.



The students also had several field trips organized by the RSIC team. They visited Saint Gobain Glass Factory, SASTRA University, CMI and the IITM Research Park. Shrey worked on a project, based on the Anodization of Titanium and the Synthesis of a coin cell capacitor. The students were given an opportunity to present their projects on the last 3 days of the programme.

## **Indian Bank and Us**

The "Azadi Ka Amrit Mahotsav" Quiz was organized by the Indian Bank to celebrate India's 75th Year of Independence. The quiz took place at the Tag Auditorium and was based on the topics of Freedom Struggle, Indian History and Digital India. Students of class 9 and 10 competed in a written quiz for a chance to be on stage for the finals. The top 10 students who scored the highest in the preliminary round were selected and teamed up to compete in the finals. The five teams were named based on India's holy rivers: Ganga, Yamuna, Saraswathi, Kaveri and Brahmaputra. The quizzers then proceeded to answer a series of compelling and fascinating questions.

The quiz master, Mr. Ajay Kumar Nair, did an amazing job of keeping the event full of energy and enthusiasm. He also interacted with the audience and the students and teachers who answered his questions correctly were given prizes. The Assistant General Manager, Mr. Jayashankar Menon, was also a key part of the quiz by providing his ideas and suggestions. After 6 rounds of fierce quizzing and trivia, Team Ganga, consisting of Jiya Dugar and Dev Naveen, won the quiz with maximum points. They took home a hefty cash prize of INR. 5000/- and two majestic shields. Team Kaveri and Team Brahmaputra were placed second and third respectively. The Chief Guest of the occasion, Shri. G. Rajeswara Reddy, the Field General Manager of Indian Bank, graced the occasion. He addressed the audience about India's Freedom Struggle. The Principal, Shri. P. G. Subramanian, spoke about the importance of remembering our past and to pay respect to the freedom fighters of our country.



# Saksham 2023

THE HINDU and IOCL conducted an awareness workshop - Saksham 2023, for class 9 and 10 students, on the 28th of April, 2023. It was on the topic 'Energy Conservation towards Net Zero'. The programme highlighted on the need to preserve energy and natural resources. Students and teachers pledged to use the resources judiciously.



# **Pandav Pathar Trek, Kullu Manali**

Over the summer break, our school in association with Adventure Activity Planners (AAP) organised a six day trekking trip to Manali for students of classes 9–12. The students went on the Pandav Pathar Trek which reaches up to 12,500 feet in height.

During the trek, the students faced snow and glaciers. The pristine trekking route left the students thrilled and excited as they passed by gushing streams, dew drenched grassy slopes and white snow. Winding their way through a series of gradual ascents and descents, they experienced the flora and fauna of Himachal Pradesh.



## **Pandav Pathar Trek, Kullu Manali**



The trek commenced from the Base camp which is about 15 miles from Manali Town and traversed through the flower-studded meadows of Maylee Thach, finally leading to Pandav Pathar. The striking and amazing beauty of the mountains and enchanting trekking trails that offer breath-taking views of 'Hanuman Tibba', 'Deo Tibba' and 'Indrasan' peaks of the Pir-Panjal Himalayan range left the trekkers mesmerised. After their descent, the students also spent a day in Manali Town, where they were allowed to feast on the traditional food of Himachal Pradesh and all the sights the quaint town had to offer.

# Career Counselling -Environmental Science

One of BRV's distinguished alumni, Ramya Roopa had returned to her alma mater as an ecologist to give students of XII grade studying 🥒 biology a valuable talk on her field and possible career paths. She has pursued a career in the field of environmental science, one that she is extremely passionate about. Her former teacher, Smt. Jayanthy R had inspired her and nurtured her interest in the subject. She reminisced of classes with the class of 2011 during which Ms. Roopa would participate in class enthusiastically. As a student, she would often share her findings from her extensive research on the more miniature members of the animal kingdom with her teacher. She currently works as an analyst at the Wildlife Conservation Society in Bangalore. Among her numerous achievements, is discovering a species and the honour of naming it, Prosopistoma someshwarensis. (As students, we were filled with awe :) ) While she spoke of career paths in biology and the abundance of opportunities it presents, she also recommended resources for those of us who would like to explore and further our interests in environmental science.

Ms. Ramya

While she spoke of career paths in biology and the abundance of opportunities it presents, she also recommended resources for those of us who would like to explore and further our interests in environmental science. As students we were inspired and in awe of Ms. Roopa's zeal and we strive to show the same enthusiasm in our academics & future careers.

# Career Counselling -Environmental Science

For those who would like to observe the marvels of nature that are concealed by concrete, the work of organisations (NGOs in Chennai that we can support) listed below are eye-openers.

- The Madras Naturalist Society
- The Madras Crocodile Bank Trust and Centre for Herpetology
- Care Earth
- TREE Foundation

Apps & websites for budding zoologists and ecologists:

- eBird
- iNaturalist
- Season Watch

### **Nivedha**

Nivedha made us proud by winning 2 Gold medals in The Tamilnadu State Kickboxing Championshiop.

World Association of KickBoxing Organizations WAKO

Nivedha was featured on the cover of the WAKO bulletin

### Naina Mahajan

Naina Mahajan of 8th grade secured International rank 2 and received Rs. 25,000, an International silver medal and a merit certificate from SOF Olympiad.

#### சர்வதேச ஒலிம்பியாட விருதுகளில் வெற்றி பெற்ற சென்னை மாணவர்கள்

VAKO INDIA KICKBOXING





#### Samanyu

Samanyu of class 10 was interviewed by the journalist of The Hindu newspaper regarding the sustainability accelerator created by him.

### A primer on green action for students

MURAN CITY HURKA STREET STREET

A sustainability accelerator programme in climate change by One Million for One Billion, in association with Aditya Birla Fashion and Retail Limited, aims to mobilise youth for climate change action

t was the sight of an overflowing garbage bin near his grandmother's house in Kilpauk that got Samanyu V thinking. He designed a prototype of a dustbin that would send out an alarm when it is full. Whether Samanyu's idea makes it to the final list of an accelerator programme or not, this Class X student of Bhavan's Rajaji Vidyasharam says he has become more conscious about how his surroundings are kept.

how his surroundings are kept. That is also the objective of the partnership between IMIB (One Million for One Billion) and Aditya Birla Fashion and Retail Limited's that was forged to launch "Green Jobs and Sustainability Accelerator Programme in Climate Change". The pan-India exercise is aimed at creating awareness and encouraging young minds in the ight against climate change with ideas inspired by them.

The pilot programme started early this year witnessed participation from over 545 Central Board of Secondary Education (CBSE) schools, which was scaled up to reach out to more institutions.

The plan is to mobilise one million youngsters by 2030 to be valuable contributors to climate change action.

As a run-up to this programme, five students are nominated from every school and taken through a series of online sessions to develop critical thinking about climate change.

"We discuss different aspects of sustainability like United Nations Sustainable Development Goals and how one can come up with solutions to problems around them, all this are done virtually, in a fun and engaging way," says Saffin Mathew, programme



director, IMIB. Industry leaders in the space also interact with the participants. One day is set aside for a challenge where a problem faced by a company is given and participants have to come up with a solution.

The shortlisted top-10 are selected for an in-person internship with Aditya Birla Fashion and Retail Limited. "The idea is to build a sustainability mindset among youngsters and get them ready for green jobs or green skills with a corporate exposure," says Mathew.

The second cohort will be starting soon and the circular for the same would be sent by CBSE to schools affiliated to it.

**Prathyush Unni** Pratyush Unni of Class XI F has secured Gold and Silver medals in Junior Athletic Championship for Shot put on July 1st 2023 organized by Win Stars Sports Academy at Avadi, 2nd Battalion , police grounds.





### **Navin Sundaram**

Navin Sundaram of IX F is the winner of All India Tennis tournament conducted in Bangalore in Under 17 category.

#### Vishwajith

Vishwajith of class 9 was awarded the best batsman of the series by the Madras Cricket Club.





### Perri Karthik Chidambaram

Perri Karthik is the runner up in Junior category in the Mumbai Speech of the Debate League. He was awarded by the Indian Debating League on the 1st of July

## **Teacher Achievements**

### Smt. Nikhita K



Smt. K Nikhita of our school was awarded the Lifetime Achievement Award by the Lioness Legends for the Kids World Foundation. She was honoured for her contribution to women's empowerment in the field of music. She was also honoured with an award by the Indian World Records for her significant addition to Indian Classical Music .

# **Mazhalayin Mozhi**

Students and teachers of our school took part in the Summer Special VSN Chanting programme 2023 conducted on 1st May, 2023. Held at Sri Kuchalambal Kalyana Mahal, this mass chanting of Vishnu Sahasranamam was attended by the Governor of Tamil Nadu, Thiru R.N Ravi. Our Principal, Shri. P.G Subramanian was honoured by the Governor.





May 1st 2023

### NIC Kolkata - Bhavan's Gangabux Kanoria



The National Integration Camp in Kolkata, West Bengal, held by Bhavan's Gangabux Kanoria Vidyamandir, aimed to integrate and unite Bhavanites from all across India. It was attended by 50 schools from all around India. This seven-day camp provided a once-in-a-lifetime opportunity. By the 6th of May, all the schools had gathered, and the film 'Chak De India' was shown to us that night. We had a stringent schedule for the next six days. Our day began at 5.30 a.m. with exercises such as aerobics and yoga. This was followed by an assembly and a directory. Following that, we attended workshops before gathering in the evening for a Regional Cultural representation programme, and by 10.30 p.m., the lights were turned off and it was time for bed.

We were taken on a city tour on the fourth day. We set out early in the morning to visit Kolkata's Eden Garden stadium. For an ailing fan, this was a dream come true moment. After that, we went to the Prinsep Ghat and then to the Victoria Memorial. The Indian Museum was next on the agenda. We did some shopping at City Mall. We also appreciated the cultural programme put on by the host school in the evening .



We came across everything from making new friends to experiencing the delights of hostel life, from attending various workshops to engaging in sports, from singing 'We Shall Overcome' to grooving to 'Natu Natu'.We've all made a memory that will last a lifetime.

> Written by Mahek J Dayalani, 12 C Edited by Pavel Joseph Karrie, 12 B

## Summer Debating Madness 2023

The Summer Debating Madness is an online debating competition conducted by The Debate Club where participants of any age can compete. Though conducted via means of Google Meet, SDM had the vigour and passion as any other offline event. Bhavanites spent the months of April and May organising and planning the event that spanned from 9th to 23rd May. It began with an essay round with 8 participants followed by three rounds of intense debate -Round 2, Semi Finals and Finalswith well-made motions about the current affairs of the world and philosophical concepts. The judges brought thoughtprovoking questions for the Judges Questioning Rounds. They shared their advice and views with the participants. Manasi Chordia had earned the title 'Winner of the SDM' and the Runner-up title was awarded to Rohan SVS.





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Debate

FINALS

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N 2023 - Manasi Ch

On the whole, this sought after event satisfied the sharp witted minds and gave everyone a wonderful experience.

# **A Visit to the Harbour**

On 13th May, 2023, the students of class 10 accompanied by four teachers went on a trip to a harbour as a part of an outreach programme where the students visited the INS Jalashwa IN Ship.



## Inspired

Manga – a style of art in Japanese comic books and graphic novels, typically aimed at adults as well as children

otsu No Yaiba]

One of the biggest differences between anime and manga is their medium of presentation. While manga is primarily a print medium, anime is primarily a visual medium.

MilerI

(Komi can 4 communicate)

T Aditya 10 F



Edited by Sravanthi N 12 E

## **Teachers Workshop**

A workshop on the importance of writing lesson plans, integrated approach and inclusivity was conducted by Kum. N. Malathy, Smt. Lalitha R and Smt. Radhika J Mohan. They explained on how an attendance register should be maintained. They mainly focused on specific learning outcomes in a lesson plan and the skills to be attained by the students during the course of the lesson. The planning of the lesson should cover all the expected learning outcomes of Bloom's Taxonomy – Cognitive domain, Affective domain and Psychomotor domain.









lst - 7th June 2023





As a part of faculty enrichment program, a workshop was conducted on the topic 'Care of the Professional Voice' by Dr. A Sudha, ENT Specialist, The Head and Neck Hospital,Chennai on 2nd June, 2023 for all teachers. Teachers being people with high voice demand were enlightened on the methods to avoid voice strain and the importance of vocal hygiene. Simple exercises were also demonstrated for voice care. The important take away from the session was that intermittent sips of water and voice naps can be of great help to take care of the voice.

## **Teachers Workshop**

As a part of Faculty Development Program for teachers, a one day programme was conducted on the topic 'Teaching and Learning through Fun. It was held on 3rd May 2023 at the Bhavan's TAG Auditorium. The workshop helped the teachers recall the fact that teaching is the only profession that creates all other professions. Participants were glad to learn that anger is also a beautiful emotion which needs expression. Teachers learnt how to show their emotions appropriately in the classroom.



On 5th June, 2023, Dr. Vasanthi Thiagarajan conducted a workshop for the teachers of our school on the topic – Interpersonal Relationship and Conflict Management. Dr. Vasanthi emphasized upon cherishing the 4th R – 'RELATIONSHIP'. The objective of the workshop was to respect all, accept all, understand people as they are and to build strong bond that will last beyond our teaching days. Via an interesting power point presentation, she engaged and motivated the teachers by conducting six unique activities which teachers can stop and reflect upon. From creating to maintaining relationships and simple ways of forging good relationships, the teachers learnt the importance of responding rather than reacting in various situations that they may come across thereby respecting one another, be it a teacher-student, teacher-teacher, teacher-parent etc.

## **Teachers Workshop**

A session on Health and Wellness was conducted for the teachers of Bhavan's to relax and energise their body and mind. The yoga instructor started off with a simple meditation practise which brought in calmness and relaxation to the body. This was followed by warm-up exercises by the physical educators for relieving stress, reducing joint pain and enhancing flexibility for the benefit of the teachers. Our Principal, Sri P G Subramanian, motivated the staff and conveyed the importance of making yoga an integral part of their daily life.



# **G20 State Level Seminar**

The G20 State Level Seminar was organized by CBSE in association with Chennai Sahodya School Complex to spread awareness on Fundamental Literacy and Numeracy Policy. It was held on 9th June at the Bhavan's Tag Auditorium .

பாரதிய வித்யா பவன்ஸ் பள்ளியில் 'ஜி – 20' கருத்தரங்கம்



– 20' கருத்தரங்கில் இடயிருந்து வலம்: விரிவுரையாளர் கே.ஆர்.மாலதி, விநாயகா மிஷன் பல்கலை இயக்குனர் வாசுதேவன், நடுவணரசு பள்ளி சென்னை மண்டல அதிகாரி தினேஷ்குமார், பவன்ஸ் ராஜாஜி வித்யாஷ்ரம் பள்ளி முதல்வர் பி.ஜி.சுப்பிரமணியன் மற்றும் மகேஸ்வரி.

சென்னை, ஜூன் 13– பாரதிய வித்யா பவன்ஸ் பள்ளியில், தேசிய கல்விக் கொள்கை மற்றும் 'ஜி–20'

சென்னை கல்வித்துறை, சகோதயா கூட்டமைப்பு பள்ளிகள் இணைந்து, மாநில அளவிலான கருத்தரங்கம்

நடத்தப்பட்டது.

கல்வி மற்றும் எண்ணியல், டும் என்பது குறித்தும், தேசிய கல்விக் கொள்கை தேசிய கல்விக்கொள்கை மற்றும் 'ஜி–20' என்ற யுடன் பொருளாதாரம், கொள்ளை மற்றும் ஜட்20 தேசய் கலவக கொள்ளை கருத்தரங்கம் நடந்தது. மற்றும் 'ஜிட்20' என்ற சென்னை, கீழ்ப்பாக் தலைப்பில் கருத்தரங்கம் கத்தில் உள்ள பாரதிய நடந்தது. கருத்தரங்கில், வித்யா பவன்ஸ் ராஜாஜி 135 பள்ளிகளில் இருந்து வித்யாஷ்ரம் பள்ளியில், முதல்வர்கள், துணைமுதல் வினாடி – வினா, ஒவியப் நடுவணரசு பள்ளிக் வர்கள், மாணவர்கள் என, போட்டிகள், குழு சுலந் 737 பேர் பங்கேற்றனர்.

நடுவணரசு பள்ளியின் சென்னை மண்டல அதி காரிதிணேஷ்குமார்திறப்பு விருந்தினராக பங்கேற்று,

'ஜி–20'யின் செயல்பாடு இதல், அடிப்படைக் களை நிறைவேற்ற வேண் கல்வி மற்றும் எண்ணியல், டும் என்பது குறித்தும், சுற்றுச்சூழல் விளக்கினார். குறிக்தும்

தொடர்ந்து, பள்ளியில் வினாடி – வினா, ஒவியப் துரையாடல் உள்ளிட்ட நடத்தப் போட்டிகள் பட்டு, வெற்றி பெற்றவர் களுக்கு சான்றிதழ் மற்றும் பரிக்கள் வழங்கப்பட்டன.



The event was inaugurated by Sri. Dinesh Ram, regional officer CBSE in Chennai Region. The event included a seminar, filming of a movie and Panel discussion on National Education Policy both by resource team and the students of BVBRV.

\* 3023 INDIA

# **ACMEE 2023**

The 15th International Machine Tools exhibition ACMEE 2023 was conducted from 15th June to 19th June at Chennai Trade Centre, Nandambakkam. The exhibition was organized by Ambattur Industrial Estate Manufacturing Association (AIEMA). The event was graced by the presence of Honorable Tamil Nadu Governor, Thiru R N Ravi. Our school students had visited the exhibition and were a part of the music program conducted.

## **Astronomy Club**

On 27th June, students of Bharathi Vidya Bhavan's RajajiVidyashram were introduced to the SPACE astronomy workshop provided by SPACE India. The organization, SPACE India, has been teaching astronomy to school students for 23 years. Around 700 primary students of class 3rd to 5th witnessed the program, where they eagerly participated in various activities. They conducted a similar session with yet another 700students of classes 6-8. The SPACE team ignited the minds of the young aspiring astronomers by asking them funny space-based riddles. Students also got a chance to do space-based activities like stomp rockets. The main takeaway from the program was to know about astronomy and the space workshop. The students were introduced to the 6 sessions of the workshop which would be completed in a year, where 4 offline sessions and 2 online sessions will be conducted. They were informed about the perks of the workshop like the astronomy kits and tools which they will receive in every session. The students were excited to know they would observe the moon and other planets through the telescope during the workshop.

## **Astronomy Club**



The workshop has been designed in such a way that it includes various games like 'Shoot the Alien', and 'DIY Mars curiosity rover', which the kids would love to play. The program ended with comet making demonstration. The awe on their faces was enough to tell they enjoyed the whole event. The team got a positive response from the students who want to be amateur astronomers.

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# Kalpakosha 2023

Students of 11th grade participated in Kalpakoshaa, a cultural event hosted by Sir Sivaswami Kalalaya Sr. Sec. School on the 15th and 16th of June. With this being their first cultural event of this year, they performed extremely well, placing first in Adaptune! Well done!



### **West Bengal Day**

This year, on the 20th of June, West Bengal's Foundation Day was celebrated in an exquisite manner at the Raj Bhavan, Chennai. It showcased the culture and tradition of West Bengal through a cultural programme followed by a lunch with traditional and authentic Bengali cuisine. Our students of class 10 took part in the programme. Smt.Koyeli Das and Smt.Mausami Goswami accompanied them.

Bube antiatami un figori 2 de antor de LEBRATION OF FOUNDATION DA VEST BENGAL STATE Rater antioner de la service d

20th June 2023

# **World Music Day**



Students and teachers of the Primary and Middle School celebrated World Music Day on June 21st in the school.

World Music day originated when Maurice Fleuret, a French composer, observed that most of the French youth had an inclination

for music. The French fascination for music became the catalyst for the first annual celebration of music in 1982, Fête de la Musique. Today, we celebrate music, a universal language and art that unites us internationally.

The school had definitely contributed to the celebrations around the world as the sentiment of World Music Day, 'The Music everywhere and the concert nowhere' was honoured by the student's performance.

Music was also appreciated by students who went on to make posters . They provided an insight on Indian musicians and their artistry.

# World Yoga Day

International Day of Yoga is observed every year on June 21 to create awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice that plays an important role in relaxing one's mind and body.

On 21st June 2023, our school celebrated the 9th International Yoga Day. The event began with a brief introduction on yoga . Students performed a few asanas as Smt. Sudha spoke on the importance of practising yoga regularly.



Students of Scouts and Guides and NCC were taken to KRM Public School to celebrate International Yoga Day. The yoga teachers conducted a workshop on the importance of yoga for the teachers as a part of the celebration.

Students of class 1 performed yoga asanas enthusiastically in their class. After this, they were briefed on the importance of doing yoga every day.



# Sir Mutha MUN Conference 2023

Model UN Conferences are intensive academic simulations of the conclaves of the United Nations, or other governmental and international bodies, which introduce students to the world of diplomacy, negotiation, and decision making. On 27th and 28th of June, some students from the 10th grade participated with fervor in the Sir Mutha MUN Conference 2023.



Written & Edited by Siddhi Dorepalli, 12 B

THE SIR MUTHA MUN CONFERENCE

## Chinmaya Heritage Centre Program



A program was conducted in the Chinmaya Heritage Centre on 27th June, 2023 in view of the book launch of the Chief Minister of Uttar Pradesh, Sri Yogi Adityanath. The students gained several

insights and shared their thoughts on the eye-opening piece.





The newly elected Vice Principals, Smt.Sujatha Prakash and Smt.Lalitha Ramesh and the Headmistress (Middle & Secondary), Smt.Geetha Vimalanathan were interviewed by our students on the 28th of June, 2023.

The students thoroughly enjoyed interviewing them and getting to know some of their experiences as teachers. A few responses have been summarized below.

# How do you ensure that students balance academics and extra-curriculars?

"You must plan your activities very well and not forego academics for extracurriculars; passion cannot always be a profession." She expressed that more importance should be given to academics, with a balance of extra activities.



Smt. Lalitha Ramesh

# What is the most memorable experience in your teaching career so far?

'The 2 trips to NASA with the school children, and sitting in the Apollo 11 spaceflight simulator was very memorable to me'. She elucidated on the exciting and rather memorable visits to NASA with her students.

What makes a 'good day' at school? 'I feel happy when my flow in the class is not interrupted, I should be satisfied and content with my teaching, that makes me feel good'.

### What is the quote you live your life by?

"More things are got by prayer than this world dreams of. Everything is possible with prayer and determination."

# What is your opinion on the effectiveness of the online classes?

"I don't like online classes, I don't want online classes..", were the vehement words of Sujatha ma'am . She believes that physical classes are the best when concepts are being explained for the first time. Recapitulations can be done in the online platforms.

# What is the most memorable experience in your teaching career so far?

Innumerable incidents run through Sujatha Maam's mind which when penned according to her could fill an entire book. But the one that she remembers vividly is a Biology class. She was taking a session on Birth Control, when a boy got up and replied, "In our neighbor's house, there is a child born every one month!!!". Such is the innocence of a child, she said.

# What is the quote you live your life by?

'Everyday, we have to live that moment. Always think of the future and forget the past.'



Smt. Sujatha Prakash

# What do you look forward to on the first day of school ?

Sujatha Ma'am loves watching the teachers and students enter the campus on the first day of the new academic year. So she makes it a point to take a seat and watch the students and staff walk in.

# What inclines you towards teaching your subject (Social Science) ?

"I got very good marks in social when I was in tenth.." She chose Social as she was driven by her grades and also because arts was an easier yet demanding subject.

#### What changes would you like to see in Bhavans Rajaji Vidyashram ?

"There's a lot of noise around the school." Ma'am doesn't voice it as a complaint but would love to bring it under control and avoid noise pollution.

# Do you consider extracurricular activities a distraction or a necessity ?

"It's not a distraction, It is a necessity." She believes that there is a problem only when students give more importance to extracurricular activities and neglect their studies and it is important to learn to balance them.



Smt. Geetha Vimalanathan

#### Is there a quote you live your life by ?

#### "Always be Happy "

# **Ampersand 2023**

On the 21st and 22nd of June, our school's junior and senior teams participated in Ampersand 2023, a debate competition hosted by Chettinad Vidyashram. The following accolades were received:

#### Parliamentary debate -Juniors- 1st Place

- 1. Perri Karthik Chidambaram
- 2. Sachin Sathyasivan

#### **Stance Drafting - Seniors - 1st Place**

- 3. Naina Mahajan
- 1. Anvika Karthik Chidambaram
- 2. Akshita Varshini A
- 3. Shivashruthi S

Chellinad Vidyashram



# OUR TEAM

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Interested in submitting your content? Here's how:

Mail your entries (articles, illustrations, achievements, etc.) to brvnewsletterebvbchennai.org

We accept content on any preferred subject or promotional content of/from the BRV student body

Please approach any of the members of the newsletter committee or a class teacher for further clarification :)